

**Precision
Gymnastics**

**Day Camp Parent Information
2023**

CHECK-IN AND PICK-UP PROCEDURES:

Please sign your child in and out each day at the front desk. If you plan to have someone other than yourself pick up your child, the person picking up your child must be on the "PICK UP AUTHORIZATION" section of the form you filled out and returned to the office. Your child will not be allowed to leave with anyone for whom the office does not have prior authorization. Staff may request identification prior to the release of your child. When dropping off & picking up your child, please sign them in & out.

LATE PICK-UP CHARGE:

Please be prompt when picking your child up each day. Camp hours are Monday-Friday from 8am-2pm. Failure to pick up your child on time will result in additional fees. If your participant is not picked up on time, you will be automatically charged \$25.00/each half hour increment.

ABSENCES:

If your child will be late or absent, please call the office at (909) 483-8161. No refunds/credits will be issued for missed camp hours or days. Any absences due to medical reason or illness will require a doctor's note.

SESSION CALENDARS:

Precision Gymnastics provides a schedule of activities in which your child will be participating. This is simply a guideline to the day's/week's activities. Please be sure to review the tentative schedule before your child attends camp. This will help us to meet any special needs your child may have on a given day. Precision Gymnastics reserves the right to vary the schedule without notice.

LUNCH AND SNACK:

Snack/Lunch is not provided. Please bring a snack AND a sack lunch and bottled water every day that your child attends camp. A healthy snack/lunch is recommended. Please provide a nutritious breakfast for your child before dropping him/her off at camp. A nutritious breakfast makes for a happier, healthier day. Participants are asked not to share or exchange portions of their lunches with other campers. The vending machines and snack bar will be off limits to campers.

Precision Day Camps are a **Peanut Free Zone**. There will be no snacks/lunches allowed that contain nuts or peanut containing items.

Please let us know if your child is allergic to any foods, drink or any other items.

Although Precision Gymnastics has a drinking fountain, we ask you send bottled water with your child. Please write his/her name on the bottle.

PRECISION GYMNASTICS BUSINESS OFFICE:

9518 9th Street Ste. B
Rancho Cucamonga, CA 91730
Telephone – (909) 483-8161

Email- infodesk@Precision-Gym.com

Business Hours:

Monday - Friday 9:00am-7:00pm

Saturday 9am-1:00pm

Sunday CLOSED

INFORMATION PARENT SIGNED FOR IN PARENT PERMISSION PACKET

EMERGENCY INFORMATION

In the event I cannot be reached in an EMERGENCY, I hereby give permission to the physician selected by the Precision Gymnastics' staff to secure proper treatment for my child as named above. I affirm that my child is physically able to participate in camp activities.

I have read and fully agree with all the terms of registration as stated in the camp and gym literature, and on this enrollment form. I further agree to allow my child to be used in any promotional photos. I understand and assume risk involved in physical activities and give permission to participate with the staff of Precision Gymnastics.

PAYMENT POLICY AND PERMISSION

I/We understand the payment(s) made toward camp is **non refundable/transferable**, therefore cannot be applied to any other services or programs. I/We understand that I am required to have a card on file and that payment is due at the time of sign-up.

I/We understand that my child will not be permitted to sign him/herself out of the program and will wait inside to be picked up.

I/We understand and agree to pay an extended care fee if my participant is picked up after the scheduled time. The fee of \$25.00 per half hour will be charged automatically to my card on file.

I/We understand that if the balance for my scheduled week(s) of camp is not paid, or if payment is declined/returned, my child will lose their spot in camp.

PICK UP AUTHORIZATION INFORMATION

I/We authorize the following person(s) to pick up my/our child from Precision Gymnastics Day Camp in my/our absence. The following person(s) **must be over 16 years of age.** *Staff will request identification of those requesting release of the child. *

RULES FOR DAY CAMP

1. Must always listen to Precision Gymnastics' instructions and follow gym rules.
2. No foul language.
3. Campers are not allowed in the office.
4. No fighting.
5. Ask permission before you use someone else's belongings.
6. Keep your hands to yourself.
7. Respect your coaches and fellow day campers.
8. Treat others the way you want others to treat you.
9. No gum, food or drinks other than water inside the gym.
10. No electronic games will be allowed except during extended hours of 5-6pm.
11. All children need a bag for their belongings. We are not responsible for any lost or damaged items your child brings to day camp.

IMPORTANT CAMP INFORMATION

Only "G" or "PG" rated movies may be viewed during camp.

Please be sure to send your child to camp with a drink in their lunch. We also recommend that you send at least one other bottled drink that your child can sip on throughout the day. Please write their name or initials on the drink. We provide water for the children during their snack time and we have a drinking fountain in the gym. The snack bar is not open to the children. Vending machines will be off-limits to all campers.

All campers are to be potty trained. Understandably, children do have accidents on occasion. (If accidents become a problem we reserve the right to temporarily suspend your child's participation in camp until the problem is resolved). If you would like to send an extra change of clothes (we highly recommend it) - just in case - please give them to their day camp coach in a bag with your child's name on it.

We ask that the athletes that are attending day camp do not bring in any types of electronic games.

Your cooperation and understanding helps Precision Gymnastics make your camper's experience here a more positive one. Thank you.

WEEKLY SCHEDULE (Sample)

Time	Groups 1 & 2
8:00am-9:00am	Check-In, table games, toys, coloring
9:00am-9:20am	Warm up/ stretching
9:20am-10am	Gymnastics lesson – 2 events
10am-10:15am	Snack time
10:15am-11am	Craft
11am-11:20am	Group games OR Trampoline & pit
11:20am-12pm	Gymnastics- 2 events
12pm-12:30pm	Lunch
12:30pm-1:15pm	Toys, table games, coloring
1:15pm-1:45pm	Group games OR Trampoline & pit
1:45pm-1:55pm	Clean up
1:55pm-2:00pm	Kids relocate to the main gym bleachers
2:00pm	Pick-up